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5-6 December 2007 • Workshop Report

Chilima, D.



Democratic Republic of the Congo Planning Meeting, 5-6 December 2007

Workshop report

Chilima, D.M.

Fisheries and HIV/AIDS in Africa: Investing in Sustainable Solutions



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TABLE OF CONTENTS

List of Acronyms and Abbreviations.....	iii
Introduction	1
Background	1
Workshop Objectives	1
Expected Outputs	1
Opening Remarks.....	2
Workshop Participants	2
Workshop Programme	2
Plenary Discussions.....	3
Workshop Outputs	4
Closing Remarks.....	4
Annex 1: List of Workshop Participants	5
Annex 2: Workshop Programme	7
Annex 3: Overall Work Plan for DR Congo 2008 – 2010	8
Annex 4: Gantt Chart for DR Congo for 2008 - 2010	10

LIST OF ACRONYMS AND ABBREVIATIONS

AIDS	Acquired Immune Deficiency Syndrome
BSS	Behavioural and Surveillance Surveys
DOF	Department of Fisheries
DRC	Democratic Republic of Congo
FAO	Food and Agriculture Organisation
HIV	Human Immuno-deficiency Virus
KAP	Knowledge Attitude and Practice
NAC	National Programme on Fight against HIV/AIDS
NGO	Non Governmental Organisation
SIDA	Swedish International Development Cooperation Agency

INTRODUCTION

Background

The “Fisheries and HIV/AIDS – Investing in Sustainable Solutions” is a regional project. The Project is being implemented in 8 countries in East and Southern Africa as well as West and Central Africa. The Project is financed by the Swedish International Development Cooperation Agency (SIDA) and the Norwegian Ministry of Foreign Affairs through their joint Regional Programme on HIV/AIDS in Africa from April 2007 to March 2010.

The Project is managed by the WorldFish Center and the FAO. The WorldFish Center is the responsible agency for East and Southern Africa as well as overall coordination. The Center will implement their activities through national and sub-regional partners.

In DR Congo, the main project site is Kasenga area situated in Katanga Province. The Department of Fisheries and National AIDS Council are the main stakeholders who will utilize the results of the research to influence policy. Research institutions and NGOs will implement the research and pilot interventions in the Katanga Province as agreed during the workshop.

Not only will the outcomes of the research feed back to the communities, but will also be part of the regional programme so as to influence regional policies on fisheries and HIV/AIDS.

Workshop Objectives

- To agree on the research focus for the DR Congo component within the overall project framework
- To develop a detailed annual work plan for 2008, and an overall work plan to the end of the project in March 2010
- As part of these work plans, to agree on milestones, deliverables and identify indicators
- To identify linkages with related projects and agree how these linkages will be managed

Expected Outputs

- National work plans agreed upon
 - Overall work plan for project duration (up to March 2010)
 - Detailed work plan to end of December, 2008 (monthly)
 - Milestones, deliverables and indicators identified
 - Clear roles and tasks assigned to WorldFish Center and Collaborators
- Individual contracts drafted with Collaborators, management and reporting procedures fully understood by all parties
- Next steps for finalizing contracts agreed in detail, and date for signature set.

Opening Remarks

The workshop was officially opened by the Director of Fisheries, Ministry of Agriculture and Rural Development. In his remarks, he indicated that the Project wants to achieve impact on two fronts: firstly, to identify how vulnerability to HIV/AIDS can be reduced among mobile fish traders who are important for the food security of the region and secondly to assess how to strengthen the contributions of fish to nutrition security among those most vulnerable to HIV/AIDS. He also gave a brief background to the project and reiterated its regional nature as it covers 8 countries including DRC. He urged participants to fully participate in this workshop and pledged his institutional support throughout the project.

Workshop Participants

The workshop was attended by 14 participants drawn from Ministry of Local Government, Department of Fisheries, Department of Aquaculture, National Programme on fight against HIV/AIDS, University of Lubumbashi (School of Social Sciences and School of Medicine), WVI (Malawi and DR Congo), WorldFish Center (DR Congo and Zambia) and an interpreter. The list of the workshop participants is presented in Annex 1.

Workshop Programme

The workshop involved presentations from WorldFish Center on the overall programme by the Regional Coordinator (Annex 5) and proposed national areas of focus by the Technical Advisor, WorldFish DRC (Table 1). The proposed areas of focus were presented to initiate discussions on what research and interventions will be undertaken in the DRC. This was followed by plenary discussions as well as group work. Group work focused on development of work plans and budgets for the entire project period (2008 – 2010) followed by detailed work plans and budgets for 2008 (see Annex 2 for the workshop programme, Annex 3 for work plans and budget)

Table 1: Proposed Research Focus

Regional research stream	Proposed research focus in this component
Understand mobility and migration	Understand dynamics of movement of fish, fishermen and traders through Kasenga
Strengthening fish market chains	Economic and social factors of vulnerability of women fish traders at Kasenga
Nutrition impact of changing fish supply	Nutritional analysis of 'low value' fish products along marketing chain through Kasenga
Disseminating small-scale aquaculture to vulnerable populations	[no activities under this research stream]
Institutional change to increase support and investment	Strengthen coordination of health and fisheries agencies working at Kasenga

For planning purposes, participants noted the following of concern for the DR Congo component :

- Research and interventions to focus on one field site (Katanga)
- The need for national dissemination and stakeholder fora
- Linkages with AIDS Commission and Fisheries Department for policy impact
- Linkages with other components from Southern Africa and West Africa
- Budget for planning purposes: USD 75,000

The workshop was held in French and the English speaking participants were assisted by an interpreter. However, it was agreed that future meetings and all documents for the project should be in French.

Plenary Discussions

The participants in the workshop raised a number of questions about the project and the WorldFish Center staff and the other participants contributed to the discussions. Here is the summary of the discussed points and the consensus reached:

On the issue of coordination of the project, it was indicated that WorldFish Center will sign a contract with the lead organization after receiving detailed work plans and budgets from specific Collaborators. The contract will define the role and responsibilities of each Collaborator, as well as reporting procedures for both progress and financial reports. The contract will be signed by Head of the Department or Organisation of the Collaborator and funds will be disbursed to the organization. The contact person of the organization will be responsible for implementation of the project as well all reports. The lead agencies will be World Vision for the nutrition and HIV/AIDS; and the University of Lubumbashi will lead the socio-economic studies and interventions.

With respect to the selected site, the participant from Kasenga indicated that there are many fishermen in Kasenga who are scattered on various sites. This was confirmed by the National Director of Fisheries who indicated that the fishermen are in the area of Lake Mweru and Luapula river. In total, there about 18,000 fishermen whose production is about 3,000 tons per annum. The workshop therefore, confirmed that there are indeed fishing activities within Kasenga and therefore maintained the site as a pilot site for the Fisheries and HIV/AIDS project.

The question of publication was raised and participants were informed that publications will be done at 2 levels: at the local level by the University of Lubumbashi and its Collaborators and at the regional level in close collaboration with WorldFish Center. Publication with other Universities within the region will also be sought. The results of research will also be communicated at national level, to other African countries and to regional organizations. Furthermore, the information will serve as a justification to seek investments in order to support projects which will be initiated.

The participants also raised the issue to reaching fishermen considering that they are mobile. It was then indicated that the strategy to reach the fishermen will be developed by the University of Lubumbashi who lead in the mobility and migration issues.

The Director of Fisheries provided some statistics on fisheries in DR Congo. Participants were informed that the potential for fishing in DRC is 707,000 tons/annum but the actual production is at 150,000 tons/annum. It is estimated that 99% of the fish is from artisanal fishing population which estimated at 220,000. It was further explained that in some sites of Katanga province for instance Lake Mweru and Luapula river, the potential for fishing is 8,000 tons/annum whereas the actual production is 3,000 tons per annum. However, fishermen from DRC pass through Zambia due to lack of proper infrastructure and as such fish is perceived as originating from Zambia when it is actually from DRC. Worth noting is the fact that some of the fish originates from Lake Tanganyika where production is also below its potential (100,000 tons vs 450,000 tons). In DRC, fish consumption is at 7kg/annum whereas AU recommends 21kg/annum.

Workshop Outputs

The workshop outputs included: costed overall work plans (2008 – 2010) for the four research streams, detailed 2008 work plans and budgets for the agreed research streams (Annexes 3 and 4). The workshop participants agreed on which institutions should take the lead for the different research streams and therefore act as Lead Collaborators for specific research stream or activity. Further discussions were held with the Lead Collaborators and draft memoranda of agreements were circulated for comments. Following further discussions, WVI was nominated as Lead Collaborator for activities by School of Medicine, National Programme against HIV/AIDS and WV itself. Thus, WVI will deal with all the financial aspects of the project and will subcontract the mentioned collaborators. This was as a result of banking difficulties faced in DRC which could impede the implementation of the project. However, after further consultations, after the workshop, it was agreed that even the funds for the University of Lubumbashi (School of Social Sciences) should be handled by WVI. The Coordinator of DRC activities is therefore Dr Flory Mononi, WVI.

Closing Remarks

In his closing remarks, the Director of Information and Communication, National Programme Against HIV/AIDS thanked all participants for their valuable contribution to the workshop and for developing their workplans. As this was the first project to deal with fisheries and HIV/AIDS in DRC, he pointed out that relevant ministries will render their support to the project. The relevant ministries are Health, Agriculture and Education. Furthermore, he also urged participants where possible to mobilize extra resources to ensure that the project is implemented effectively so as to benefit the fisheries sector in addressing the HIV/AIDS pandemic.

ANNEX 1: LIST OF WORKSHOP PARTICIPANTS

	Name	Position/Organisation	Country	Address
1	Francois Gayo Lemba	Director of Fisheries	DRC	Ministere de l'Agriculture et Developpement Rural Tel: 0999912450 E-mail: gayowadur@yahoo.fr
2	Dr Gabriel Kombozi Limbeya Bolomo	Director of Aquaculture	DRC	Ministere de l'Agriculture et Developpement Rural Tel: 0898951567 E-mail: gabrielkombozilb@yahoo.fr
3	Mr Aime Bolembo	Director of Information and Communication, National Programme against HIV/AIDS	DRC	Croisement Avenue Des Huileries Et Tombalbaye, Kinshasa/Gombe Tel: 0815026763 E-mail: abolembo@hotmail.com
4	Jules Balimwacha Lwamba	Representing Provincial Inspector of Agriculture and Researcher and University of Lubumbashi	DRC	Inspection provinciale de l'agriculture, Pêche et Elevage, Katanga bâtiment cadastre/Université De Lubumbashi Agronomie Tel: 0997021151 E-mail: juleslwamba@yahoo.fr
5	Dr Flory Mononi	National HIV/AIDS and Public Health Coordinator, WVI	DRC	World Vision DRC, 17 Okito Street, Lubumbashi City, Katanga Province Tel: +243 814005032 E-mail: flory_mononi@wvi.org
6	Julie Mahako	Food and Livelihood Security Officer, WVI	DRC	World Vision DRC, Lubumbashi, Kapenda, Av 1854. Tel: 0814990458 E-mail: julie_mahako@wvi.org
7	Micky Nkutwa	Facilitation de developpement, WVI	DRC	Vision Mondiale Congo, ADP Lwanza, Kasenga Tel: 0813718190 E-mail: mickymkutwa@yahoo.fr
8	Essau Mwendo Phiri	Food Security Manager, WVI	Malawi	World Vision Malawi, P.O Box 692, Lilongwe, Malawi Tel: +265 1 750540 Fax:+265 1 750 539 E-mail: essau_mwendo@wvi.org

	Name	Position/Organisation	Country	Address
9	Mr Mark Hoekstra	Technical Advisor, WorldFish Center	DRC	Boulevard De 30 Juin No 2515, Immeuble, Aforia-Ex Shell, Gombe, Kinshasa Tel: +243 990 674 328 E-mail: m.hoekstra@cgiar.org
10	Mr Simon Mutala	National Coordinator, WorldFish Center	DRC	Boulevard De 30 Juin No 2515, Immeuble, Aforia-Ex Shell, Gombe, Kinshasa Tel: +243 999991641 s.mutala@cgiar.org simon_mutala@yahoo.fr
11	Prof B Kalunga	Professor, University of Lubumbashi (Social Scientist)	DRC	Kalunga_mawazo@yahoo.fr
12	Winnie Mujinga-Ilunga	Nutritionist, University of Lubumbashi	DRC	Cliniques universitaires de Lubumbashi, Tel: 0818157934 E-mail: mujingawin@yahoo.fr
13	Dr D Chilima	Regional Coordinator, Fisheries and HIV/AIDS, WorldFish Center	Zambia	P.O. Box, 51289, Lusaka, Zambia. Tel: +260 211 257939/40 Fax: +260 211 257941 E-mail: d.chilima@cgiar.org
14	Kajita Tshishimu	Interpreter	DRC	E-mail: kajita-tshishimu@yahoo.fr

ANNEX 2: WORKSHOP PROGRAMME

Fisheries and HIV/AIDS in Africa

A regional research-for development program by the WorldFish Center and the FAO

**DR Congo National Planning Meeting
December 5 - 6, 2007**

Day 1 December 5, 2007		
0800-0830	Preparation for the meeting	
0830-0845	Registration of participants	Simon
0845-0900	Welcome remarks and Self-introductions	Mark
0900-0910	Workshop objectives/Expected outputs	Simon
0910-0915	Opening remarks	Director of Fisheries
0915-0945	Summary presentation of the overall regional programme (including research streams)	Dorothy
0945-1030	Discussion	Flory
1030-1045	Tea/Coffee break	
1045-1100	Prioritizing national component	Mark
1100-1300	Group work – Workplan up to March 2010	Working groups
1300-1400	Lunch	
1400-1500	Presentation of group work	Flory
1500-1515	Overview of programme work plan up to Dec 2008	Mark
1515-1600	Group work - Detailed Work planning up to December 2008	Working groups
1600-1630	Tea/Coffee break	
1630-1700	Group work - Detailed Work planning up to December 2008	Working groups
Day 2 - December 6, 2007		
0830-0900	Recap of day 1	Mark
0900-1000	Presentation of Work plans	Flory
1000-1030	Tea/Coffee break	
1030-1100	Programme management, contractual issues	Dorothy
1100-1200	Plenary discussion	Plenary
1200 - 1300	Wrap up and Official workshop closing	NAC/WorldFish Center
1300-1400	Lunch	
1400 - 1700	Discussion with Collaborators	Dorothy

ANNEX 3: OVERALL WORKPLAN FOR DR CONGO 2007 – 2010

Research Stream	Activity	Time Frame	Collaborator(s)	Stakeholders	Estimated cost
Mobility and Migration	Fishermen, sellers and trades census	Jan – March 2008	Provincial Fisheries Division (Local Government)		20,250
	Desk Review	April – July 08	WV		
	Social situation analysis	July – Dec 2008	University of Lubumbashi (School of Social Sciences)		
	Pilot interventions and impact assessment	2009 - 2010	University of Lubumbashi (School of Social Sciences)		
Fish Market Chains	Conduct a study on the HIV/AIDS status (BSS and KAP) and desk reviews	Jan – May, 2008	WV/NAC		15,625
	Analysis of socio-economic factors of vulnerability along the fish market chain	Jan – June 08	University of Lubumbashi (School of Social Sciences)		15,625
	Pilot interventions	May – Dec 2008	WV/NAC		4,400
Nutrition Impact	Nutrition survey among fishermen (their households)	June – Aug 2008	University of Lubumbashi (School of Medicine)/Provincial Fisheries Division		7,405
	Capacity Building in nutrition among fishermen	Jan – March 2009	University of Lubumbashi (School of Medicine)/WV		5,300
	Fish – nutrient analysis	Jan – April, 2008	University of Lubumbashi (School of Medicine)/WV		8,305

Research Stream	Activity	Time Frame	Collaborator(s)	Stakeholders	Estimated cost
Institutional Change	Institutional mapping	Feb – June 2009	University of Lubumbashi (School of Social Sciences) /Provincial Fisheries Division		15,400
Supervision, Monitoring and Evaluation	Supervision	June 2008 2009 - 2010	WV		3,000
	Monitoring	2008 - 2010	WV		0
	Evaluation	2010	WV		2,000
Total cost					97,310

ANNEX 4: GANTT CHART FOR DRC FOR 2008 - 2010

Research stream	Activity	Implementing partners	2008												2009	2010	Budget
			J	F	M	A	M	J	J	A	S	O	N	D			
Mobility and Migration	A. Fish men, sellers and traders census	Provincial Fisheries Division															
	Develop the census plan: staffing/logistics/census implementation plan and areas		■														
	Preparation in Lubumbashi		■														
	Field data collection			■													
	Data entry, analysis and reporting				■												
	B. Document review	WV				■	■	■									
	C. Social situation analysis on where people involved in fisheries meet (houses, market places, bars, etc.), kinds of fishes produced, age structure of the population, institutional mapping (NGO, CBO, FBO, etc.)	University of Lubumbashi										■	■				
	D. Assess the fisheries products commercial chains (research plan, field work, data collection and analysis, and report)	University of Lubumbashi					■	■									
	E. Launch of results by University of Lubumbashi and University of Zambia	University of Lubumbashi													■		
F. Develop, implement and evaluate a project	University of Lubumbashi/ WV													■	■		
G. Publish scientific reports	University of Lubumbashi/ WV													■			

			2008												2009	2010	Budget
Research stream	Activity	Implementing partners	J	F	M	A	M	J	J	A	S	O	N	D			
Institutional change	Produce the institutional mapping of institutions and partners involved both in fisheries and HIV/AIDS at national and Katanga levels	Provincial Fisheries Division, University of Lubumbashi (School of Social Sciences) and WV															15,400
	Hold a forum with government and partners for sharing the institutional mapping	University of Lubumbashi (School of Social Sciences)													Feb		
	Set up a coordination body to follow forum recommendations at Katanga and national levels	University of Lubumbashi (School of Social Sciences)													Feb		
	Hold coordination meetings in Lubumbashi and Kinshasa	WV													Mar, Ju,		
	Produce studies and project reports	University of Lubumbashi (School of Social Sciences)													Mar		
	Present studies and project reports to government and partners for fund raising	WV													Jan to Mar		

Research stream	Activity	Implementing partners	2008												2009	2010	Budget
			J	F	M	A	M	J	J	A	S	O	N	D			
Fish market chains	Conduct a study on the HIV/AIDS prevalence rate (BSS and KAP survey)	WV/NAC															
	Develop the protocol																1,250
	Develop the survey questionnaire																125
	Produce questionnaires																250
	Train the surveyors																1,250
	Conduct the survey																7,500
	Data processing																2,500
	Submit the report																250
	Data validation																1,000
	launch the results																1,500
	Analysis of socio-economic factors to the vulnerability of people involved along the fisheries commercial chain	University of Lubumbashi (School of Social Sciences)															
	Develop the protocol																1,250
	Develop the survey questionnaire																125
	Produce questionnaires																250
	Train the surveyors																1,250
	Conduct the survey																7,500
	Data processing																2,500
	Submit the report																250
	Data validation																1,000
	Launch the results																1,500
Public awareness sessions	WV/Kasenga Health Zone															1,400	
Care and support for PLWHA	WV/Kasenga Health Zone															0	
Build the capacity by providing IEC materials	NAC/WV															3,000	

Research stream	Activity	Implementing partners	2008												2009	2010	Budget		
			J	F	M	A	M	J	J	A	S	O	N	D					
Nutrition impact	1. Capacity building in nutrition for fish men	University of Lubumbashi (School of Medicine)/WV																	
	Develop, translate and produce nutrition guide and table for HIV (Swahili and French)														Jan			1,700	
	Field work														Feb			300	
	Training														Feb			2,800	
	Submit the report														Mar			500	
	2. Nutrition survey among fish men involved in the census (nutrition status and nutrition habits)	University of Lubumbashi (School of Medicine)/WV																	7,405
	Survey preparation meeting in Lubumbashi																		500
	Acquire materials																		100
	Field work																		1,000
	Train for local surveyors																		4,755
	Hire bikes and cycles																		400
	Collect filled questionnaires																		0
	Data processing and analysis																		150
	Submit the report																		500
	3. Fish Nutrient analysis per consumed categories (fishes for rich and fishes for poor)	University of Lubumbashi (School of Medicine)/WV																	8,305
	Preparatory meeting for field work																		500
	Acquire materials																		3,705
	Field work																		2,200
	Hire bikes and cycles																		400
Purchase 20 samples of fish																		150	
Sample analysis in the lab																		1,200	
Collect data (lab findings)																		0	
Submit the report																		150	

Research stream	Activity	Implementing partners	2008												2009	2010	Budget	
			J	F	M	A	M	J	J	A	S	O	N	D				
	Supervision, monitoring and evaluation	WV																5,000
	supervision																	3,000
	monitoring																	0
	evaluation																	2,000
															Total		97,310	