



Integration of nutrition and HIV in Government policies and budgets: Malawi Example

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FIRST POLICY ADVISORY GROUP MEETING ON
FISHERIES AND HIV AND AIDS 2009



Process

- Highest political will and commitment
 - Inaugural speech June 2004
 - Appointment of a Secretary for nutrition, HIV and AIDS under a line Ministry (MOH)
 - Lobbying
 - Consultations with stakeholders
 - Literature review
 - Concept papers

Process cont'd

- Establishment of the Secretariat: Department of Nutrition, HIV and AIDS Nov 2004 (OPC)
 - Defining role, mandate, mission
 - Definition of the problem and its magnitude
 - Lobbied and advocated for a budget and vote



Process cont'd

- Impact and Implications if not addressed
 - Malawi nutrition profiles
 - Orientation of key decision makers
 - Cabinet Ministers,
 - Members of Parliament
 - Permanent Secretaries
 - Development partners
 - Media who wrote about it





Process cont'd

- Minister responsible for nutrition, HIV and AIDS 2005
- Champion and Lead person 2005
 - Continuous appraising
 - Providing directives
 - Priority area in the Malawi Growth and Development Strategy (MGDS)



Process cont'd

■ MGDS

- Overarching development strategy for all investment in Malawi 2006
- 6 priority areas
- Prevention and management of Nutrition disorders, HIV and AIDS one of the priority areas
 - 3 pillars
 - Nutrition
 - HIV and AIDS
 - Integration of nutrition and HIV and AIDS



Policy Environment

- Separate food security policy Feb. 2005
- National nutrition security policy and strategic documents 2005
 - Strategic plan
 - Programme
 - Business plan for nutrition, HIV and AIDS
 - Communication plan
- Food security and nutrition security joint task force
- National food security committee 2005
 - 5 working groups
- National nutrition committee 2006
- 7 working groups



Policy environment cont'd

- Government –Development partners committee 2007
- One food security and nutrition security from
 - monitoring and evaluation system 2006
 - Surveillance system 2004
 - Included in MVAC 2006
 - Annual joint planning and report 2005
 - Quarterly review meetings 2005
- Development of nutrition SWAps 2007



Policy environment cont'd

- HIV and AIDS policy 2003
- National Action Framework 2005
 - One coordinating authority
 - Minister
 - Secretariat (DNHA)
 - NAC (2001 as a Trustee) currently public agent 2005
 - One monitoring and evaluation system
 - One action framework
 - Pool funding arrangement
 - One annual work plan
- 2% ORT budget allocation from Govt. resources

Policy environment cont'd

- Infant and young child nutrition policy 2005
- Guidelines for ART 2004
- Guidelines for testing and counselling 2004
- Guidelines for feeding HIV exposed infants and young children 2008
- Dietary guides for Malawi draft 2004
- Baby friendly Hospital initiative
- National Code of marketing Infant and young child foods, 2004
- PMTCT policy and guidelines





Policy environment cont'd

- **Macronutrient supplementation**
 - Vitamin A campaigns
 - School health and nutrition
 - School feeding Programme
- **School health and nutrition strategy in final stages**
- **Work place programme**
- **2% ORT guidelines and checklist developed**
- **Capacity building**
 - Creation of implementation structures and positions in 12 line ministries



Advocacy

- Role of nutrition in disease and health
 - Malnutrition and HIV situation in Malawi 2005
 - Malnutrition syndrome in HIV
 - Other nutrition disorder
 - Commissioned joint study, pilot study and development of NTSC
 - Research results annual dissemination meeting
 - Management of acute and severe malnutrition
- Development of management of malnutrition guidelines
 - Infant and young children
 - Adolescents and adults

Advocacy cont'd

- Nutrition guidelines for PLHIV
- Nutrition support for PLHIV
- Costing of the policies to define the financial need
- Lobby for Annual budget increments
 - ORT,
 - Development partners
 - Project specific
- Commemoration of international days national
 - World AIDS DAY
 - ICAD
 - World food Day
 - Nutrition Day?



Advocacy cont'd

- Training of specialists at BSc., MSc., and PhD
 - Dietitians
 - Nutritionists
 - Nutrition/HIV specialists
 - Community workers?
- Review of line ministries policies and strategies e.g. ADP already reviewed
- Soliciting and providing nutrition support through various programmes
- Continuous training
- Review of curricula at all levels



Achievements

- Increased resource allocation from Govt. and partners
- Focused and coordinated programming and planning
- Positions for Nutrition, HIV and AIDS created in Government line ministries
- Integration in sectoral policies based on business plan
- Nutrition Act
- Prevention and management of HIV and AIDS Act
- Targeted IEC and herbal therapy with nutrition base
- PMTCT nutrition guidelines and feeding regime

